

	<b>Kayak / Canoe / Pirogue 1 or 2 places</b>	<b>SUP 1 place</b>	<b>C9 / Dragon Boat / V6 3 places and more</b>
Discovery course 15Km	1 place more than 16 years old, 2 places more than 14 years old	More than 16 years old	
	Medical certificate non mandatory	Medical certificate non mandatory	
Competition course 15Km	From 14 to 18 years old	More than 16 years old	
	FFCK competition license** or medical competition certificate* mandatory for everyone Green paddle of white water or calm water mandatory	FFS competition license** or medical competition certificate* mandatory	
Competition course 26Km	1 place more than 16 years old, 2 places more than 14 years old FFCK competition license** or medical competition certificate* mandatory for everyone		More than 14 years old FFCK competition license** or medical competition certificate* mandatory for everyone, the coxswain must have a FFCK competition license**

Medical competition certificate *	Medical certificate is mandatory for competition courses, it must contain the mention "canoe kayak in competition", dated from later than 2019/09/21. You can download here the certificate for your doctor to fulfill : <a href="https://www.ffck.org/wp-content/uploads/2016/01/Modele-certificat-m%C3%A9dical.pdf">https://www.ffck.org/wp-content/uploads/2016/01/Modele-certificat-m%C3%A9dical.pdf</a>
FFS licensee **	For the FFCK competition or FFS competition licensees (license with "competition" mention), medical certificate is not mandatory on the Competition course.
FFCK licensee **	