

	Kayak / Canoe / Pirogue 1 or 2 places	SUP 1 place	C9 / Dragon Boat / V6 3 places and more
Discovery course 15Km	1 place more than 16 years old, 2 places more than 12 years old ----- Medical certificate non mandatory	More than 16 years old ----- Medical certificate non mandatory	
Competition course 15Km	From 12 to 18 years old FFCK competition licensee** or medical competition certificate* mandatory for everyone Green paddle of white water or calm water mandatory	More than 16 years old ----- FFS competition licensee** or medical competition certificate* mandatory	
Competition course 26Km	1 place more than 16 years old, 2 places more than 12 years old ----- FFCK competition licensee** or medical competition certificate* mandatory for everyone		More than 12 years old ----- FFCK competition licensee** or medical competition certificate* mandatory for everyone, the coxswain must have a FFCK competition licensee**

Medical competition certificate *	Medical certificate is mandatory for competition courses, it must contain the mention "canoe kayak in competition", dated from later than 2020/09/20. You can download here the certificate for your doctor to fulfill : https://www.ffck.org/wp-content/uploads/2016/01/Modele-certificat-m%C3%A9dical.pdf
FFS licensee ** FFCK licensee **	For the FFCK competition or FFS competition licensees (license with "competition" mention), medical certificate is not mandatory on the Competition course.