

	Kayak / Canoe / Pirogue 1 or 2 places	SUP 1 place	C9 / 3 p
Discovery course 15Km	1 place more tha 16 years old, 2 places more than 12 years old	More than 16 years old	
	Medical certificate non mandatory	Medical certificate non mandatory	
Competition course 15Km	From 12 to 18 years old	More than 16 years old	
	FFCK competition licensee** or medical competition certificate* mandatory for everyone Green paddle of white water or calm water mandatory	FFCK competition licensee** or medical competition certificate* mandatory	
Competition course 26Km	1 place more than 16 years old, 2 places more than 12 years old		More
	FFCK competition licensee** or medical competition certificate* mandatory for everyone		FFCK competition license mandatory for everyc com

FFCK licensee *	* For the FFCK competition licensees (license with "competition" mention), medical certificate is not mandatory on the Competition course.
competition	Medical certificate is mandatory for competition courses, it must contains the mention "canoe kayak in competition", dated from later than 2021/09/19.
certificate *	You can download here the certificate for your doctor to fullfill : https://www.ffck.org/wp-content/uploads/2016/01/Modele-certificat-m%C3%A9dical.pdf

/ Dragon Boat / V6 places and more

ore than 12 years old see** or medical competition certificate* ryone, the coxswain must have a FFCK ompetition licensee**